

Jeff Myers, Ph.D.

POWER OF RELATIONALITY



Text
notes
to
33233

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“I see you”

In South Africa, the traditional Zulu greeting for “hello” is “sawubona,” which means “I see you.” You are not invisible. You matter. I acknowledge you and take you into account.

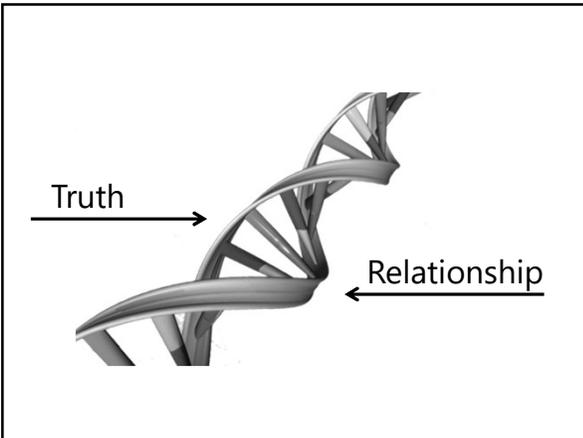
Paul David Tripp

"God reveals himself, his plan, and his purpose in words. Immediately after creating Adam and Eve, God spoke to them. It was his choice to reveal himself, to define his will, and to give identity to Adam and Eve by means of language. All of his other means of self-revelation were explained and defined by this one central means."



Case Study: Kansas City Christian School

- Discipline problems are down by half.
- Attendance problems are down by 2/3.
- Rather than feeling stressed over overwhelmed, teachers can't wait to get to school to minister to students.
- So many alums have heard about what is happening and are stopping by, that it's hard for Allan to schedule time for them all.
- Parents who had pulled their children from the school for financial reasons are re-enrolling them.
- Students are insisting that their parents re-enroll them--they can't imagine going to school anyplace else.
- The school had its best fund-raiser ever this year because parents are so excited.



Meaning in life

- Meaning and purpose is significantly related to intrinsic, shared religious engagement.

Heart for students

- Mentoring increased teachers' sensitivity to at-risk children and to children as individuals, and it improved the teachers' ability to cope with difficult situations.

Better attitude

- Students who believed their teacher cared for them believed they learned more.

Adoption of goals and values

- Teachers' nurturing behaviors were related to students' adoption and internalization of teachers' goals and values.

Better handling of adversity

- A 40-year study in Hawaii showed that the support of an adult role model buffered the effect of adversity and predicted positive outcomes for 50-80% of those in a high risk population.

Spiritual growth

- Studies show that young people with an adult mentor are significantly more likely to:
 - Develop and maintain a Christian worldview beyond college.
 - Apply their faith to life decisions.
 - Live with God-given purpose.
 - Avoid destructive behaviors.

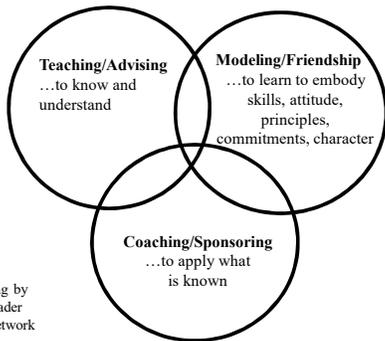
Teachers' ordinary relational strategies may be too constricted

- Of 25 affinity-building strategies, one strategy accounted for 50% of those reported to be used: making learning fun.

M-FACTS

- **M = Modeling:** shows a mentoree what successful living looks like in a particular area of life.
- **F = Friendship:** offers companionship and builds a mentoree's confidence.
- **A = Advising:** provides direction when a mentoree is at a loss for what to do.
- **C = Coaching:** supports a mentoree who is willing to grow toward greater levels of success.
- **T = Teaching:** helps a mentoree grow in a right understanding of truth.
- **S = Sponsoring:** paves the way for a mentoree to intentionally move toward greater influence.

Using mentoring to train hearts



Based on teaching by Paul Stanley, Leader Development Network

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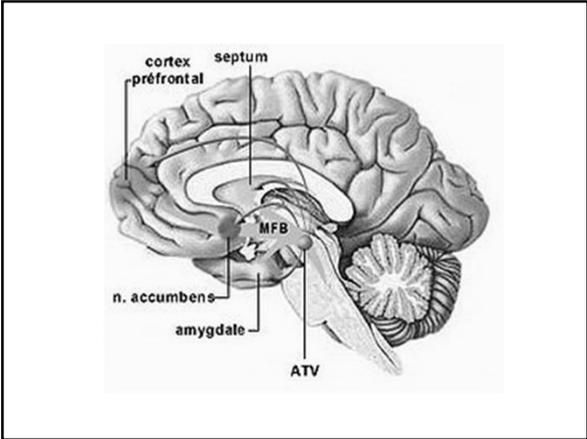
Five things bad teachers did

- **Humiliated:** Ridiculed and publicly made fun of.
- **Devastated:** Expected students to fail and wilted their confidence.
- **Expressed indifference:** Failed to express care for students or build relationships with them.
- **Punished poorly:** Public embarrassment or failure to control the class.
- **Displayed anger:** Displayed significant anger problems that led them to explode unpredictably and frequently yell at students.

Five things good teachers did

- **Supported success:** Expressed belief that students could succeed.
- **Encouraged:** Spoke word of confidence.
- **Challenged:** Raised the bar and helped students jump over it.
- **Personally invested:** Knew students personally and took an active interest in their lives.
- **Expressed caring:** Liked, respected, cared for and understood students.

CONVERSATION



Five conversation altering words:

Tell me more about that.

- "I'm interested in knowing more about you."
 - "What's your story?"
 - "Can you tell me a little about your family?"
 - "What were some of the most shaping experiences of your life so far?"
 - "How do you see yourself in terms of your gifts and potential?"
 - "What is it you dream about being or doing someday?"

- "I'd like to know more about your interests."
 - "What are some of your likes and dislikes?"
 - "What kinds of activities (extracurricular activities, hobbies, etc.) interest you?"
 - "What is it about those things that you find interesting?"
 - "What sorts of activities are you involved in at the present time?"
 - "What have you done that you've gotten really good feedback on from others?"
 - "What context are you in when you feel most like yourself?"
 - "What kinds of activities have you thought sound interesting, but you haven't tried yet?"

- "I'm interested in spiritual things and would like to know where you are spiritually at this point in your life."
 - "Have you come to the point of trusting Jesus Christ for your salvation? Can you tell me a little about how that happened?"
 - "How would you describe your spiritual growth at the present time?"
 - "In what ways would you most like to grow spiritually?"
 - "How do you see God working in your life?"
 - "If you haven't trusted Jesus Christ to be your Savior, can you tell me a little about your beliefs regarding spiritual matters?"

DIALOGUE

Ground rules:

- Be who you are—no performing
- Say what you think—you aren't your ideas
- It's okay to be lost or frustrated...just don't disengage
- Love one another

BLESSING

11 ways to be a blessing in 10 seconds

- 1. Listen: "Tell me about what's important to you."
- 2. Give a blessing: "Has anyone ever told you that you have the gift of ____?"
- 3. Affirm: "Here's something about you that makes a great deal of difference to me..."
- 4. Be transparent: "I've made mistakes in my life and I'd hate to see you go down that same path..."
- 5. Pray: "I'm not sure what to do either. Can I pray with you about it?"
- 6. Encourage: "I know it's tough but I believe you can do it."

11 ways to be a blessing in 10 seconds

- 7. Teach: "May I share with you a Scripture verse that has been important to me?"
- 8. Sponsor: "I know someone who can help. Would you be interested in my putting you in touch with them?"
- 9. Admonish: "You were running a good race. Who cut in on you?"
- 10. Love: "No matter what, I'll be here."
- 11. Walk alongside: "Let's go together."

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COACHING

The heart of coaching

- Listening
 - James 1:19—"My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry..."
- Asking powerful questions
 - Proverbs 18:13—"He who answers before listening— that is his folly and his shame."
- Helping the other person set worthy goals
 - Isaiah 32:8—"But the noble man makes noble plans, and by noble deeds he stands."

G.R.O.W.

- Goal
 - What would you like to work on?
- Reality
 - Where are you now?
- Options
 - What are some of the possible solutions?
- Will
 - What will you commit to do?
 - How will success be measured?
